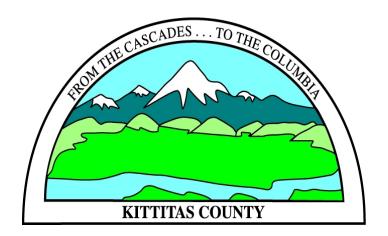
# KITTITAS COUNTY PUBLIC HEALTH DEPARTMENT

"PROTECTING AND PROMOTING THE HEALTH AND THE ENVIRONMENT OF THE PEOPLE OF KITTITAS COUNTY"

**Quarterly Report April 1 – June 30, 2005** 





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# ACTIVITY REPORT KITTITAS COUNTY PUBLIC HEALTH DEPARTMENT 2nd QUARTER, 2005 April 1 – June 30, 2005

I. Comments from the Health Officer: Dr. Rosalie Miller

**♦** 

### II. Administrator's Report: Nancy Goodloe, Ed. D., CHES

♦ **Departmental:** April 5-8 was National Public Health Week. We coordinated several community events for this celebration, the most notable of which were a workshop with local planning officials in concert with our Shape-Up Kittitas County Initiative and Healthy Communities Grant. The purpose of the workshop was to start the conversation with local planners and developers about the relationship between the built environment and the health of communities. We featured a presentation from a national speaker that put the issues on the table, a panel discussion with local representation that followed with the local perspective, and follow-up small group conversations with workshop participants on the role of public health in this discussion. Feedback from workshop participants was very positive. The Shape-up Initiative continues to gain momentum.

Additionally, the Environmental Health division hosted a workshop discussion of the new food regulations whose planned implementation was set for May 1. A consultant from the State Department of Health provided the materials and information. The workshop was well-attended and there were numerous questions from the audience. The feedback from participants at this event was very positive.

The Emergency Response staff was very busy during this quarter with numerous meetings and planning events focused on the Departmental Tabletop on May 31 and the Regional Tabletop on June 29. Both events occurred and all of the public health staff learned a lot about the Incident Command System in the Emergency Response toolbox as well as Pandemic Flu. Both events involved our community partners from law enforcement, fire, EMT, emergency management and the healthcare community (KVCH, specifically). The Ellensburg Chamber participated in our departmental activity in May and contribute several ideas about how they could facilitate work with the business community. The staff also participated in ICS trainings prior to these two exercises.

I attended a workshop on the Legal Implications for Isolation and Quarantine, sponsored by the University of Washington. A part of our deliverables for our BT money is that the Public Health director know this information so this was an opportunity for me to get all of this discussion at one time. I took Doug Mitchell, Asst. Prosecuting Atty, assigned to public health with me. He found the information helpful and the format of the workshop engaging.

I attended several Regional PHEPR meetings this quarter (Public Health Emergency Preparedness and Response).

I attended a Public Information Officer workshop this quarter.

I facilitated our preparation for the Statewide Standards Review site visit on May 25.

Lynn Borngrebe and I participated in the county budget retreat in June.

♦ **Statewide Activities:** I attended one PHEPR State Steering Committee meeting where the 2006 emergency response preparedness funding was discussed.

I assisted with the State Department of Health Standards review process in June.

I attended the Washington Health Foundation Healthy Communities workshop to get information on the grant application process for the Healthy Communities Grant.

I attended PHELF in May and conducted a discussion on community health assessment.

• Report Highlights: There are several items I would draw your attention to in this report. For one, you will notice an across the board increase on pgs. 16-17 in the number of immunizations we have administered in the first six months of this year, well ahead of last year's pace and in the number of childhood vaccines we have supplied to local providers in the first six months of the year. Other programs where growth in numbers can be noted are 1) the number of STD/Chlamydia reported cases for 2005, pg. 18 (consistent with state numbers and national trends); 2) the number of CSHCN clients seen to date is already above the 2004 final total, pg. 19. This is a great statistic as these families are difficult to find and difficult to keep in the system. Liz Whitaker, PHN, does a very nice job with these families; 3) the number of school sealants placed to date is also ahead of the 2004 pace at this point in time, pg. 24. I would also call your attention to the Environmental Health report as the staff is beginning to implement the same format for reporting as the other department programs. The EH staff is doing some very nice work on their GORIs and improving the quality of the outreach and education work they do every day. The EH Director's report will provide insight into this work.

### III. Administrative Services and Vital Records: Susan Merrill, Administrative Assistant

#### Vital Records - Statistics 1<sup>st</sup> 4<sup>th</sup> Total **Total Total Total QTR OTR OTR** 2005 2003 2002 **QTR** 2004 **Births** 74 68 142 292 321 301 **Birth Certificates** 259 307 910 900 566 838 **Issued Deaths Registered** 49 56 105 237 222 265 **Certified Copies of** 259 195 454 995 835 1101 **Deaths Home Births Registered** 3 9 0 1 1 7 **Fetal Deaths** 1 2 0 2

- From April through June, Pam Bailes and Kay Kenison issued 307 certified birth certificates, 195 certified death certificates, registered and signed 56 death certificates for Kittitas County deaths, and collected information on the number of births (i.e., 68) in Kittitas County. Staff also responded to questions from individuals about their vital records. For example, Kay Kenison provided help to an individual needing a birth certificate from Wyoming who was having trouble accessing Wyoming's vital records department. The gentleman was very thankful for the additional information that Kay provided him.
- For the second quarter, administrative staff scheduled, checked-in, completed paperwork, and processed billing for approximately 500 clients receiving immunizations and consultations, as detailed below:
  - 98 people for TB tests
  - 184 immunization appointments for adults
  - 162 immunization appointments for children
  - 41 people for overseas travel consultations.
- In conjunction with the travel consultations, Pam Bailes mailed 11 overseas travel surveys to a random sample of travelers who had had clinic appointments during the second quarter. Pam conducts this survey every quarter to get feedback from clients about the quality of their travel consultation at our department.

• For 1<sup>st</sup> quarter overseas travel surveys, Pam Bailes received 7 out of the 12 surveys during the second quarter.

#### Overall results were:

5 rated overseas travel services excellent

1 rated overseas travel services average

1 was N/A as son had not returned from his overseas trip yet

### Overseas travel survey comments were:

N/A

"THANKS!"

"Let's keep this service for the public."

"Nurse did a good job, it is hard to pay for inflicted pain on me."

- Pam Bailes helped set-up and staff the Saturday, April 16<sup>th</sup> Free Immunization Clinic and Fluoride Varnish Clinic for children. The annual clinic was a huge success with 39 children seen and 98 shots given.
- Lynn Borngrebe coordinated the implementation of a newly-arisen requirement under the Medical
  Assistance Administration (MAA) Match program: the use of MER or "Medicaid-Eligible Ratio."
  MER matches client records with Medicaid records to determine the ratio of Medicaid clients we will
  be able to claim for reimbursement under our MAA Match program. Lynn Borngrebe and Kay
  Kenison attended a Medicaid Administrative Match training in May, 2005 to become familiar with
  Medicaid Administrative Match and its reporting process.

At the end of May, we were asked to enter information on all our clients, whether Medicaid-eligible or not, into the MER database in order to meet a June 10 deadline. Pam Bailes and Kay Kenison retrieved information from 600 client files for the entire 1<sup>st</sup> quarter, 2005 and input this information into the MER reporting system for calculating the reimbursement rate under the MAA Match program. Concurrently, Pam and Kay input data for 600 clients assisted during the 2<sup>nd</sup> quarter. As a result, database entries in the MER system were completed for 1200 clients during this quarter alone. This was an enormous undertaking which Pam and Kay accomplished graciously and promptly.

- Additionally, Pam Bailes entered data on 600 immunization records for April, May and June into the state's CHILD PROFILE system.
- Kay Kenison set-up and started utilizing the new billing process for Medicaid billing. Washington State changed the Medicaid electronic billing process to make it HIPAA-compliant.
- Pam Bailes, Kay Kenison, and JoAnne Tower scheduled over 465 food handlers for classes (for the issuance of food handler permits) this quarter; and JoAnne Tower entered all food handler permits into the permit database. 465 permits represents an increase of over 100 permits compared to the number issued by this time in 2004.
- JoAnne Tower in Environmental Health mailed pool permit renewal applications in April and most of them were renewed by the due date of May 31<sup>st</sup>.
- In May, JoAnne Tower mailed permit applications with the new food code requirements to all of the 200 food establishments in Kittitas County; and in June, she printed and mailed 184 Food Establishment Permits.
- JoAnne Tower mailed permit applications to camps and parks throughout the county, and later in June, printed and mailed 16 Camps and Parks Permits. JoAnne had received the majority of the businesses' renewal applications and fees to meet the June 30<sup>th</sup> expiration date for Food Establishment and Camps and Parks Permits.
- As summer is a very busy time for realtors and builders, the requests certainly increased in June for septic and well log information. JoAnne Tower researched and faxed/copied septic permits for realtors and other public requests. As one example, JoAnne received a request from an attorney for copies of 10 different Group B Water System files; this was an extremely time-consuming task to fulfill
- Environmental Health received 26 short plats and 5 long plats in the second quarter. In response, for

- each plat, JoAnne Tower wrote and sent letters of acceptance to the developer, surveyor, and Community Service Development; and completed database entries.
- JoAnne Tower spends significant time updating the department's many databases (i.e., databases for site evaluations, septic permits, short plats and long plats, planning reviews, food establishment permit renewals and inspections, camps and parks permit renewals, complaints, West Nile [bird and stagnant water concerns], pool inspections, and school inspections). Ongoing database entries help our Environmental Health Department find permits, see when an inspection was performed, and review the outcome of an inspection. Additionally, updates help Environmental Health see if there is a trend occurring especially with complaints and dead bird reporting.
- JoAnne Tower created a new On-Site Sewage Disposal System Plan (*As-built*) check-off form so that when our licensed On-Site Sewage Disposal System designers conduct final inspections on new septic systems, they will verify that everything on the list has been inspected and checked-off. Philip Martinez gave final approval on 49 septic permits this quarter which means that JoAnne mailed 49 packets to homeowners containing a copy of the finalized septic permit and an *as-built* with an informational flyer telling the homeowner how to maintain the septic system.
- In May, Susan Merrill contributed to the final phases of the department's "standards" work. Susan helped finalize the department's self-assessment report, and handled computer logistical preparations to select computers so that evaluators could easily use an electronic format instead of the customary paper format. Though major problem-solving was required to get computers to adequately perform for us, the Department of Health reviewers in their exit review highly complimented the department for the ease and convenience which the electronic format afforded them.
- Susan Merrill investigated how we might improve our telephone system in the front office in order to increase our department's capacity to respond to public callers during any emergency. Susan researched and evaluated different types of telephone systems, costs, and installation options; and conferred with Nancy Goodloe and Lynn Borngrebe to create recommendations for the consideration of and approval by the department's management team. The prospect of purchasing telephone equipment advances the department's emergency preparedness and is covered by bioterrorism funds.
- Throughout June, Susan Merrill worked with Nancy Goodloe and Computer Services (CS) to create a systematic process for upgrading and replacing computers. Major priority was given to this project in order to learn how to bring every computer up to an optimum and the same level (thus, allaying major stresses to staff due to deteriorating and incompatible computers) and to support the county's recommendation that we replace computers on a timelier basis in order to minimize our demand for CS servicing. By working with all departmental staff and acquiring up-to-date information on all computers, educating Computer Services about our departments' needs and capabilities, and working with managers to determine purchasing priorities and replacement decisions, we have created a comprehensive 4-year rotation schedule for all computers.
- Four (4) computers, already slated to be purchased for 2005, were installed in June. The department decided to purchase six (6) additional computers for installation in late July.
- In June, Susan worked closely with CS and departmental staff to schedule installations, to transfer/preserve data from old to new computers, and to help staff become acquainted with the new operating system and new applications. Over the month, Susan did a lot of trouble-shooting, created a heightened collaborative relationship with Computer Services, become more of the "go-to" person within the department for various computer problems, began learning county approval, purchasing, and licensing processes, and continuously provided status updates to KCPHD staff.
- Susan Merrill continued to plan and do logistical work for the department's EOC in preparation for the June 29<sup>th</sup> regional emergency response exercise availing the department of additional phone lines in the conference room, installing computerized faxing capability, and creating user instructions for the "emergency" computer.

**Department Goal 1:** In partnership with local, regional and state organizations and agencies, provide leadership to assure that all Kittitas County residents have access to the Critical Health Services identified by the Washington State Board of Health, July 2001.

Administrative staff helped create mechanisms for streamlining procedures which enhance public access to departmental services. Examples include:

- In April, administrative staff requested and received updates from our departmental staff on referral information to county medical, dental, social services, and community providers.
- Administrative staff continue on a monthly basis to update our department's event calendar and schedule of classes and post these on our public information bulletin board. The posting provides an additional venue for community residents to become aware of and access services at our department.

**Department Goal 4:** Adopt a systematic approach to planning and managing that enables us to utilize the Public Health Standards to improve the quality of our services.

Administrative staff implemented a variety of new systems to streamline procedures, enhance customer service and internal communication, increase productivity, and improve quality control. These systems include: (1) an electronic calendar for all administrative staff to use in order to coordinate work schedules; (2) an updated and more "user-friendly" referral binder; and (3) initial development of written office procedures for front desk customer service.

**Department Goal 6:** Provide a well-trained public health staff to support emergency response in Kittitas County.

During May and June, 2005, all administrative staff participated in and received Incident Command System training at two tabletops: a regional one and a departmental tabletop.

### IV. Bioterrorism and Emergency Preparedness – Jerry Harris, RN, ERS; Colleen Riley, ERS

### Goal 1: Develop improved capacity and infrastructure for public health preparedness and response to terrorism

- Attended monthly Region 7 PHER meetings
- Attended monthly Region 7 hospital meetings
- Attended state SNS two-day training
- Updated emergency response plans including BT, pandemic flu and SNS plans
- Expanded pandemic flu plan including dispensing plan for three locations
- Set agendas and assisted with management of the EM Council on a monthly basis
- Conducted and documented a biological tabletop exercise within the county based on a completed emergency response plan;
- 1. In coordination with regional partners, planned and developed a tabletop exercise for Public Health, including 10 external agencies
- 2. May 26 carried out exercise
- 3. Developed AAR and plans for corrective action.
- Began community conversations on developing emergency plans for special needs populations including HopeSource, Elmview and Aging and Long Term.
- Planned, developed and participated in a Regional function exercise, culminating on June
   Developed AAR specific to county. Rapid response techniques were practiced and problem areas and needed training identified.
- Performed periodic testing of business and after hour 24/7 notification system: four tests performed and analyzed. Full staff contact has been successfully completed in 25 minutes.

• PH staff have been registered for the WA-Secures system, communication for electronic health text messages and are participating at all levels of alerts. Management staff have been trained in this system.

Goal 2: Coordinate with local emergency management agencies to integrate PH into the jurisdiction's emergency management network.

- PH has participated as an active participant in two exercises this quarter, as well as
  incident trainings external to the department concerning wildfires, anthrax and
  decontamination.
- PH liaison has represented the department at the County EOC during functional exercise training.
- PH has participated in conversations with emergency management in regard to Unified Command and the PH role in it
- PH participates in conversations and planning on a daily basis with other emergency providers
- PH has initiated contacts with multiple county groups to initiate disaster planning conversation.

Goal 3: The LERC shall support hospital disaster preparation and response activities

- All hospital meetings have been attended this quarter by PH representation. This has included emergency and financial planning.
- PH has met with KVCH regarding procurement of emergency supplies, disaster planning and AA meetings following tabletop and functional exercises.
- PH works closely with KVCH in planning educational opportunities.
- The LERC attends all required regional and hospital meetings and is responsible for all Regional and state mandated reporting.
- PH has worked with the regional epidemiologist and the hospital to improve disease surveillance reporting and analysis procedures.

Goal 4: The education and training capacity for response to BT and infectious disease outbreaks shall be improved;

- PH works with the regional education staff to provide opportunities for staff education.
- This quarter staff have participated in the following trainings: ICS introductory and intermediate, the role of the dental team in emergency planning, shipping and receiving, Epi Road Show, decontamination training, HAN, PHRED and PHIMS, WA-Secures, wild land fire management, EOC activation, SNS training, and multiple COMCAST trainings.
- This quarter PH staff attended all hospital and Region 7 meetings, exercise planning and AAR meetings, Red Cross board and disaster team meetings, and EMS monthly meetings as well as EM Council, and have worked with the Chamber of Commerce.
- PH has had articles in Healthwatch-Daily Record, as well as the Chamber of Commerce newsletter.
- PH meets weekly to coordinate activities with EM through the Sheriff's office.

Mission: To use Community Health Assessment information to guide the Health Department and our community partners in working towards achieving the highest possible level of health and well being for the people who live, work and play in Kittitas County

### Goal 1: Research, adapt and begin to use internal assessment tools to track performance, and assist the department with building an ongoing evaluation and quality improvement component

- Community Health Assessment goals have been adapted to the GORI format and this tool is being used to focus work and review progress
- All major program logic models completed
- Met with management team and completed the Performance Management Assessment Tool and discussed the work ahead re quality improvement and began the work of creating a charter to guide this work.

### **Goal 2: Fulfill Community Health Assessment functions**

- Supported Shape Up initiative by assisting with "back-up" grant proposal to WHF, attending coalition and some planning meetings (re public education and training video)
- Wrote proposal to attract a UW MPH practicum student to assist with CHA Fact Sheet updates and quality improvement work. Oriented student (who will start in Sept.) to Health Dept and potential projects.
- Gathered the documentation for the Assessment piece for the Standards 2005 site review
- Assisted with the BOH resolution adopting the core set of health indicators

### **Goal 3: Communication occurs with the community**

- Presented to Leadership Ellensburg in May
- Discussed Community Health Assessment on the weekly radio show
- Continue to solicit and edit articles for Health Watch column
- Responded to 3 data requests
- Reviewed Community Health Assessment program information on web site and began process to adapt some online data sources to Kittitas County for subsequent posting.

### **Goal 4: Fulfill departmental responsibilities**

- Fulfilled staff support functions (gather updates, help create agenda, etc.) and assisted BOHAC in reassessing their role/structure
- Attended staff development training on Cultural Competency and a BT/ ICS training exercise.

### VI. Health Promotion Team Activities – Ann Riley, Manager

Julia Karns, Outreach Worker; Sarah Bedsaul, Health Educator; Emily McLaughlin, Health Educator

### **♦** Breast and Cervical Health Program

Mission Statement: Increase the number of women in Kittitas County receiving breast and cervical cancer screenings.

Goal 1: Promote BCHP to residents of Kittitas County

- 23 women were screened this quarter in BCHP.
- 46% of women screened in the program were below 100% of poverty level.
- 55% of women screened in the program were between 50-64.
- Julia enrolled 9 women in the program this quarter.

### Goal 2: Provide liaison role between providers and prime contractors.

- Julia is still fielding phone calls regarding billing issues, especially for clients that are billed by labs.
- Planning for the annual BCHP provider lunch was initiated.

### Goal 3: BCHP staff will provide case management for BCHP clients.

Julia provided assistance with transportation and interpretation to 6 BCHP clients this quarter

### **BCHP Client Enrollment**

# of clients	1 <sup>st</sup> QTR	2 <sup>nd</sup> QTR	3 <sup>rd</sup> QTR	4 <sup>th</sup> QTR	Total
2005	16	23			
2004	18	25	12	18	73

#### ♦ HIV/AIDS

### Mission Statement: Reduce the incidence of HIV in Kittitas County

<u>Goal 1: Facilitate the development, implementation, and evaluation of HIV/AIDS Prevention Program interventions.</u>

- Julia attended three planning meetings this quarter. Ann attended one planning meeting. In June Julia and Ann hosted the regional planning meeting in Ellensburg.
- Julia presented at the Power of One conference at CWU in April.
- Julia continues to participate in the Meth Task Force and is currently the Public Health Representative.

### Goal 2: Provide quality counseling and testing services to targeted populations in Kittitas County

- Julia provided 30 tests this quarter. 12 of the tests were for high risk clients. 6 tests were done at Parke Creek and 9 tests at the county jail.
- Ann conducted a skills evaluation with Julia in April.

### Goal 3: Provide HIV/AIDS education to the general public.

- Jerry taught 4 BBP classes this quarter with 64 people attending.
- Julia worked with a client this quarter who is Hepatitis C positive and is interested in starting a support group.

### Goal 4: Provide targeted interventions to high risk individuals and groups in Region 2.

- Julia implemented 2 Let's Chat interventions with ADDS, with a total of 4 sessions and 30 participants.
- Julia provided two interventions in Mattawa this quarter; both interventions were women's groups. A total of 30 women participated. Julia also coordinated with Yakima Health District to use the mobile unit for HIV testing in Mattawa, she provided 13 test to women that had participated in the intervention.
- Julia provided 4 Let's Chat one hour interventions to 26 inmates at the county jail, and provided HIV testing and counseling. Ann performed a skills evaluation in April on this intervention.
- Julia continues to work with an IV Drug Using contact in UC to arrange for the next Teaching Addicts Risk Reduction group (TARR).
- This quarter Julia worked with 17 clients in the UC Clinic
- Julia provided 3 Let's Chat interventions to 26 youth. 6 HIV tests were completed.

#### Goal 5: Provide confidential Case Management services to HIV+ clients and their families.

• No activity in case management this quarter.

**HIV/AIDS Presentations/Interventions** 

	Presentations	<b>People Attending</b>
1 <sup>st</sup> Quarter	16	177
2 <sup>nd</sup> Quarter	15	176
3 <sup>rd</sup> Quarter		
4 <sup>th</sup> Quarter		
<b>Total 2005</b>	31	353
Total 2004	95	792
Total 2003	86	644
Total 2002	92	991
Total 2001	125	2167

### **♦ Tobacco Prevention and Control Program**

Mission Statement: Reduce the rate of tobacco use in Kittitas County.

### Goal 1: Develop infrastructure of Kittitas County Tobacco Prevention and Control Plan.

- Three Tobacco Free Coalition meetings were held this quarter with an average of 7 people attending each meeting. This quarter the coalition reviewed preliminary results from the 2004 Healthy Youth Survey, finding that overall it appears that smoking went down among 6th, 10th, and 12th graders, but up in 8th graders. Chewing Tobacco use went up in 8th, 10th, and 12th graders. The coalition reviewed the 2005 State Progress Report for the Tobacco Prevention and Control Program. The coalition also discussed plans for membership recruitment in the fall. The Rodeo Task Force Subcommittee met three times this quarter to discuss smoke free policy within the county.
- In May Ann and Sarah attended the regional meeting in Yakima. At the meeting the group discussed issues related to planning for disparate populations. Ann continues to participate in the DOH Implementation Advisory Committee meetings once a quarter.
- In April Sarah and Ann attended the Working with Diverse Communities workshop in Yakima, Sarah attended a TEG training at the ESD in Vancouver, WA, and Ann and Sarah attended a policy maker training in Tacoma. In June Sarah attended a Youth Access Meeting in Issaquah.
- In April the local Karate school participated in Kick Butts Day by having two youth classes do kicks for bucks! They youth raised over \$500 for a local youth prevention program and got local recognition for the efforts that they make to stay tobacco free. 25 youth participated.
- In April Ann attended the Healthy Youth Survey workshop in Yakima ESD 105 along with 3 teachers from Cle Elum Roslyn and Melanie Hopkins from the Safety Network.
- In June Sarah attended the community safety network meeting and did a presentation on the end of the year report for the youth tobacco prevention program.
- In April Sarah presented the final strategic plan to the Board of Health Advisory Committee. In June Sarah presented next year's tobacco plan to the Board of Health.

### Goal 2: Prevention of tobacco use in youth and ages 18-24.

- In May American Lung Association completed four Synar checks and 5 regular checks, with two sales in the Ellensburg Area.
- 7 youth and four adults participated in Operation Storefront this year. 17 local convenience stores were surveyed.
- In May 6 advisors and 16 youth participated in an end of the year appreciation event for TATU teens who had done classroom presentations. Youth participated in an all day ropes course event using both low and high elements.
- TIES program- year end summary: 25 youth were served in the first year of this project. All of the schools participating this year were eager to participate in the program again next school year.

- Over 300 youth were reached through the TATU program this year in Kittitas County.
  Advisors are signed up and ready to go for another school year. ALAW early findings from
  the TATU evaluation that was done this year are showing that TATU is an effective
  intervention.
- In May the Ellensburg Youth & Community Center began a 5-session training for 8-10 youth on Teens, Tobacco & Media. The Drug Free Communities Director and the Youth Center Director were the instructors.

### Goal 3: Provide quality tobacco cessation services to residents of Kittitas County

- In April the local newspaper did a story on a local man who quit smoking with the help of the local support group.
- Also in April a booth was set up at the National LGBT conference, The Power of One, held at CWU and provided information on the Quit Line to conference goers.
- In June Ann did quarterly calls to all health care clinics in the county, including dentists and medical clinics, and the hospital, to check on Quit Line supplies and ask how referrals were going.
- Also in June, Ann developed a 15 second Quit Line ad to be run at the new Meridian Movie
  Theater in Ellensburg. The ad is animated and features the Quit Line marketing messages and
  information. The ad will begin running in July, and will run three times before every movie
  played in the theater, every day. The ad will run July, August, and September.
- The County newsletter ran the Quit Line info, reaching over 200 employees.
- In May Ann Yakima American Lung Association with a 5As Brief Tobacco Intervention training for Central Washington Planned Parenthood. Also in May, Ann and Sarah talked briefly at the school nurses meeting about the 5As model. In June Sarah conducted a meeting with Bonnie Corns to schedule a 5A training with First Steps and WIC Staff.
- In June Ann met with 3 clients one-on-one for cessation services assistance. All three only attended one meeting.
- Three clients met twice during the month in May to discuss relapse. In June 3 clients met 3 times.

### Goal 4: Reduce ETS Exposure to residents of Kittitas County

- In May an ad for Smoke Free Sunday ran in the Thursday and Friday paper, with the secondhandsmokesyou.org website featured in the ad. In June a coalition member wrote a letter to the editor thanking local restaurants for being smoke free.
- Also in June, the Daily Record ran an article on the Palace Restaurant going smoke free. In the article they mentioned the online smoke free dining guide.
- In June Ann sent out surveys to the 4 clinics that agreed to distribute the Clean Air for Kids car bags.

### Kittitas County Tobacco Retailer Compliance Rates

	Number of Checks	% of Compliance
1 <sup>st</sup> Quarter	18	84%
2 <sup>nd</sup> Quarter	9	88%
3 <sup>rd</sup> Quarter		
4 <sup>th</sup> Quarter		
	Number of Checks	% of Compliance
Total 2005	27	
Total 2004	67	87%
Total 2003	42	86%

### **♦** Environmental Health Education

Mission Statement: Reduce the incidence of food borne illness in Kittitas County

Goal 1: Provide education to food handlers during obtainment of permit.

- 463 people received Food Handler Permits this quarter. This is an increase of over 100 permits compared to the number issued by this time in 2004.
- CWU volunteers were very active this quarter in teaching FHC, 3 volunteers regularly taught weekly classes. A total of 30 classes were provided, with 3 Spanish language classes, and 3 UC classes.
- Emily completed an evaluation for a FHC instructor volunteers.
- Emily integrated the new food handler regulations into class curriculum, slides were updated, and staff trained in new content. A new video was obtained from the state DOH and a portion of the new video is used in the class.
- Emily worked with a few CWU students who utilized the glo germ teaching aid for a health fair at Lincoln Elementary
- Emily ordered 1000 additional Food Handler Permits, due to increased class attendance.
- A CWU intern developed a food safety brochure with general information covered in the FHC. Brochures will be made available to the general public and class participants.
- Emily ordered 65 of the new DOH food worker manuals. The front staff has been made aware that the manuals are available for people to review prior to taking the class.

Food	Safety	Classes
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	Presentations	<b>People Attending</b>
1 <sup>st</sup> Quarter	30	392
2 <sup>nd</sup> Quarter	30	463
3 <sup>rd</sup> Quarter		
4 <sup>th</sup> Quarter		
<b>Total 2005</b>	60	855
Total 2004	124	1509
Total 2003	116	1426
Total 2002	117	1406
Total 2001	87	1315

### **♦** Child Care Health Promotion Program

Mission Statement: Support a Safe and Healthy Child Care Environment in Kittitas County.

Goal 1: :Develop Systems. Program coordinator will promote development of local community childcare capacity to promote and foster services that link families, health, and child care.

- Emily and Liz attended a KC5 meeting in May with community child care partners.
- Both Emily and Liz attended a Healthy Child Care Washington meeting in June.
- Emily and Liz also attended a regional cross-training in June.
- Liz attended the Eastside Nurses Meeting in April.

Goal 2: Support Parents/Families. Program Coordinator will support parents of Infants/Toddlers in childcare by providing or arranging for training, technical assistance and support groups.

- One family requested assistance with childcare placement for a school-aged child.
- Emily completed her Promoting First Relationships training this quarter; she worked with both Early Childhood Learning Center and Busy Buddies Center.
- Liz assisted with a developmental screening in UC at the elementary school and assisted 3 children in the birth-to 3 age range
- A brochure on oral health was sent to providers for distribution to parents.
- Emily and Liz developed a calendar with focus topics for each month through December.

Goal 3: Provide training, technical assistance and consultation to child care providers. Program coordinator will provide, or arrange for, training, technical assistance or consultation to providers to improve the quality of new or existing services in out of the home care.

• In May an Open House for child care providers was held in honor of Child Care Appreciation Day, with 20 providers attending.

- Emily met with Head Start in June to discuss a STARS training partnership. Emily will assist Head Start in putting on a 20 provider training in September.
- Emily delivered information on STARS trainings to providers. Emily hand delivered flyers to providers on a training on child care subsidies available to parents and providers through Working Connections (DSHS).
- A total of 7 STARS training events were offered in Kittitas County this quarter through, KCPHD, OSPI, Head Start, and Catholic Families and Child Care Services.
- Liz provided 7 childcare consultations this quarter to contracted sites.
- Liz responded to a childcare center regarding a request for developmental screening.
- Emily worked on updating the program brochure this quarter, and distributed the brochure at the 20 hour STARS training.
- Emily updated the mailing list of child care providers in Kittitas County.

### **♦** Shape Up Kittitas County Initiative

Mission Statement: To halt and reverse the rise in obesity rates in Kittitas County residents. Goal 1: Work at a community level with public official, media, employers and local businesses to improve the physical activity and nutrition of Kittitas County residents.

- Three Shape Up Kittitas County Coalition meetings were held this quarter.
- In April "The Future of Kittitas County: Planning for Healthier Communities workshop was held, with 31 attendees.
- In April Sarah, Ann, & Emily began work on the video project. This video will be used to educate the public, new elected officials, and commission and board members about the essentials of planning for a healthy community.
- In May Jane and Sarah made a presentation to Leadership Ellensburg on the Built Environment and how it relates to personal health and also talked about the grant and what Shape Up is about.
- In June Sarah & Emily attended a "County Planning 101" seminar w/ the BOCC, information on the county planning process & advice from the elected officials on how to approach the issues of the built environment was discussed.
- In April Sarah, Ann, & Emily attended the DOH conference on Policy Development in Prevention. This was a great reminder on how to be in touch with our local policy makers and why changing policy is so important in our work.
- Also in April Sarah & Emily attended a city visioning exercise for the Ellensburg City Comprehensive Plan revision process.
- In May Sarah attended a city visioning meeting for the City of Ellensburg where the consulting firm presented five different plans for growth and asked for audience feedback. This feedback will be compiled and we will see modified plans in September from the group process.
- In June Sarah & Emily attended the Upper County COG meeting where the final draft of the Upper County visioning statement was presented and accepted by the board.
- Several www.shapeupkc.org website meetings were held this quarter. Site content was discussed and an example of the web page was developed.
- Also in June Sarah & Emily appeared on the local radio station to promote Shape Up.
- The city of Ellensburg has agreed to partner with Shape Up to participate in Walk Across WA where we will host a 3 mile walk segment from the new softball fields to the city pool.

Goal 2: Work at a community level with schools, after-school programs, child care establishments, and preschools improve the physical activity and nutrition of Kittitas County youth.

• Emily and Nancy Lillquist attended the Safe Routes to Schools training and learned about this national program that educates communities on creating safe routes to school. This program focuses on education, enforcement, encouragement and engineering.

### VII. Community Health Services: Bonnie J. Corns, BS, CHES; CHS Manager

### **Departmental:**

- The CHS team participated in the Emergency Response Table-top exercise in May.
- The nursing staff has been working to gain expertise on the statewide computer access program "Child Profile" and has attended one training, with several more to follow in the fall.
- The CHS team prepared for the State Standards Assessment in May.
- The CHS team participated in the Regional Table –top exercise in June.
- In June, the team participated in a Motivational Interviewing training here at KCPHD.

### **Professional Development:**

- Bonnie received her certification by the National Commission for Health Education Credentialing; she is now a Certified Health Education Specialist.
- Bonnie attended the WSALPHO and PHND quarterly meetings in Spokane during June.
- Bonnie and Liz attended the CSHCN Coordinator's meeting in SeaTac during May.

### ♦ Immunization Program Highlights: Anna Canterbury RN, BSN; Sharon Smith RN, Janet Jones RN

### Mission Statement: Prevent the occurrence and transmission of childhood, adolescent and adult vaccine-preventable diseases.

Goal 1: Ensure proper use of VFC vaccines through accountability activities in Kittitas County.

- The Kittitas County Public Health Department continues to supply VFC vaccines to the following providers in Kittitas County; The Valley Clinic, Ellensburg Pediatrics, Cle Elum Family Medicine Center, Dr. Nancy Wells, Family Health Care of Ellensburg and Cascade Pediatrics, and Kittitas Valley Primary Care Associates.
- Each provider is required to submit monthly reports to the Kittitas County Health Department for review. These reports include vaccine inventory, maintenance and storage logs and a review of dosages administered. Each report is assessed for inconsistencies, as well as monthly dosage requirements. The up and coming VBIPP for which Washington State is a pilot project, will soon require providers to order their own vaccines with the LHJ's auditing usages. Anna has been actively participating in conference calls related to the start of this program as Kittitas County possesses unique physical location considerations for the receipt of these vaccines. Data on previous vaccine dosage usage will be influential in obtaining the necessary supplies to meet demand in Kittitas County.
- A monthly summary report is sent to the Washington State Department of Health each month by no later than the 15<sup>th</sup> day for an internal audit.
- Anna began training for the annual AFIX site visits this quarter.

#### Goal 2: Promote the immunization of adult high risk/vulnerable populations in Kittitas County.

- The nurses at the Kittitas County Public Health Department continue to utilize the tri-weekly travel clinics to update adult immunizations.
- Anna conducted a Hepatitis B shot clinic at the Cle Elum Forrest Service on Jun 17, 2005 and immunized 13 people.
- Anna continues to supply the providers, as well as the public, with information on the new meningococcal vaccine, Menactra. As an evaluation of the success of this campaign, the meningococcal immunization rates for the Kittitas County are at this time nearly equal to the doses given for the entire year of 2004.

### Goal 3: Improve Immunization Access in Kittitas County.

• On April 16, 2005, the Kittitas County Public Health Department held its annual "Children's Free Shot Clinic" and administered 98 shots to 39 children, the vast majority between the ages of 4 and 6.

- Anna has written one article for the Daily Record on DTaP, the need for timely immunizations and the increased incidence of Pertussis in Washington State. Anna has also actively participated in the 4<sup>th</sup> DTaP Initiative this quarter to increase awareness for this vaccination.
- Kittitas County Public Health holds shot clinics three times each week and utilizes a sliding scale payment system to assist individuals to receive their required immunizations.

### **Travel Consultations**

	1 <sup>st</sup> QTR	2 <sup>nd</sup> QTR	3 <sup>rd</sup> QTR	4 <sup>th</sup> QTR	Total 2005	Total 2004	Total 2003	Total 2002	Total 2001
Consultations	51	41			92	77	68	98	143

### **Doses of Childhood Vaccine Distributed to Providers**

First	Second	Third	Fourth	Total	Total	Total	Total	Total
Qtr.	Qtr.	Qtr.	Qtr.	2005	2004	2003	2002	2001
1960	2108			4068	7225	8637	5260	8197

### **Doses of Adult Vaccine Administered by KCPHD**

					Total	Total	Total	Total	Total
Vaccine	1st QTR	2nd QTR	3rd QTR	4th QTR	2005	2004	2003	2002	2001
Hepatitis A	43	35			78	88	146	172	162
Hepatitis B	30	28			58	115	120	149	203
TwinRix	24	9			33	98	75	40	17
Immune Globulin	5	3			8	9	0	4	9
Influenza	0	0			0	950	500	700	700
IPV (Polio)	2	8			10	16	31	35	27
Meningococcal	13	9			22	26	27	34	20
MMR	6	4			10	18	19	22	37
Pneumococcal	2	1			3	32	25	18	22
Tetanus/Diphtheria	32	31			63	100	92	124	101
Oral Typhoid	26	20			46	58	52	44	
Injectable Typhoid	4	10			14	12	17	40	89
Varicella	4	7			11	3	10	13	5
Yellow Fever	17	13			30	23	21	21	38
Lymerix						7			
Rabies	0	0			0	0	3	0	0
Japanese Encephalitis	2	6			8	0	0	6	0
Total	210	184			394	1548	1138	1422	1420

### Doses of Childhood Vaccine Administered by KCPHD

Vaccine	1st Qtr	2nd Qtr		4 <sup>th</sup> Qtr	Total Total		Total	Total	Total
			Qtr		2005	2004	2003	2002	2001
DtaP	10	35			45	74	79	54	88
DT	0	0			0	4	0	0	0
Td	7	6			13	60	38	31	29
HIB	6	2			8	32	40	31	42
IPV	11	38			49	89	91	56	97
MMR	9	34			43	103	132	95	187
Нер В	21	20			41	97	115	75	149
Varicella	3	9			12	39	32	18	16
Нер А	3	17			20	61	59	49	42
Influenza	21	0			21	115	67	27	36
Pneumonia	0	0			0	0	0	1	1
Prevnar	11	1			12	37	37	18	15
Total	102	162			264	711	690	288	702

### ♦ Communicable Disease/Tuberculosis Program/Health Events: Anna Canterbury RN, BSN; Sharon Smith RN, Janet Jones RN

### **Tuberculosis Program**

Anna has participated in an "Author in the Room" web discussion of the treatment of both active and latent tuberculosis this quarter. This conference was held at KVCH and allowed for the sharing of information and treatment guidelines to occur between partners.

	1 <sup>st</sup> OTR	2 <sup>nd</sup> OTR	3 <sup>rd</sup> OTR	4 <sup>th</sup> OTR	Total 2005	Total 2004	Total 2003	Total 2002	Total 2001
TB Tests	72	98	VIK	VIK	170	319	316	318	398
Positive TB Tests	3	5			8	8	12	0	4
Cases Active TB	0	0			0	2	0	0	0
Suspect TB Investigations	2	0			2	4	3	0	0
INH Preventive TX New	1	5			6	8	8	4	18
INH Preventive Tx Completed	1	0			1	1	3	2	6

### Communicable Diseases and STD's

- Anna attended the quarterly infectious disease committee meeting at Kittitas Valley Community Hospital where MRSA, Pertussis and CD reporting were discussed.
- Anna, Sharon and Janet participated in "MRSA, The Mounting Scourge" web Conference.
- Anna went with Jackie Dawson PhD, Regional Surveillance/Response Epidemiologist to a APIC meeting in Yakima where the guest speaker, Dr. Neil Barg, reviewed the three antibiotic resistant bacteria, MRSA, VRSA and C Difficile.
- Anna wrote an article for the Daily Record Health Watch on Salmonellosis, as well as
  participated in a KQBE on the air discussion about Salmonellosis and the importance of
  handwashing.

	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	Total		Total	Total
	QTR	QTR	QTR	QTR	2005	2004	2003	2002
CD/STD/Imm. Calls	20	20			40	389	268	465
CD Cases Confirmed	7	13			20	14	31	37
Other Investigations	3	0			3	8	12	22
* Food Illness Complaints	115	4			119	14	24	33
Lead Poisoning Cases	0	0			0	0	0	2
STD Reported	31	41			72	109	97	88
Chlamydia Cases Reported	29	36			65	99	86	71
Herpes Cases Reported	0	2			2	7	11	12
Gonorrhea Cases Reported	2	3			5	2	6	0

## First Steps Program: Sharon Smith RN, First Steps Coordinator; Anna Canterbury RN, BSN; Janet Jones RN, Deb Sandvig, RD, Katha Jackson, CHW, Corina Fiske, CHW

Mission Statement: To reduce maternal and infant illness and death and to increase access to maternity and infant care for low-income families.

- Sharon attended PH nursing conference in April
- Sharon attended a Meth Action Team meeting in April.
- Sharon and Janet attended the quarterly regional MCH meeting in Moses Lake
- All CHS Staff attended a training here at the Health Department on Motivational Interviewing.
- Sharon attended a very informative meeting on prevention of SIDS in Yakima this quarter.

### **First Steps Program**

First Steps Billable Visits	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	Total	Total	Total	Total
	QTR	QTR	QTR	QTR	2005	2004	2003	2002
PHN Home Visits Completed	158	109			267	707	751	1029
PHN Office Visits Completed	1	5			1	34	55	105
No Show	n/a	n/a			n/a	57		63
MSW Home/Office	1	4			1		0/12	7/44
Nutritionist Home/Office	5/18	9/2			14/20	32	3/114	7/134
CHW Home/Office	0	0			0	13	1/32	185/ 33
# visits with interpreters	n/a	n/a			n/a	198		N/A
Childbirth Education Classes	7	1			8	25	1	12

### ♦ Children with Special Health Care Needs Program Highlights: Liz Whitaker, RN, BSN

Mission Statement: To promote conditions in which children with special health or developmental needs can achieve the healthiest life possible and develop to their fullest potential.

### <u>Goal 1: Link People to Needed Personal Health Services and Assure the Provision</u> of Health Care when Otherwise Unavailable

- Liz attended one more follow-up training in Yakima to learn early intervention techniques for infants and toddlers with hearing loss on June 24.
- Liz conducted a meeting with school nurses of Kittitas County May 12.
- Liz chaired a meeting of the Interagency Coordinating Council for the local Birth to Three agency on May 10.
- Liz attended a regional meeting of CHSCN coordinators on May 25.
- Liz attended the Oral Health Coalition meeting on April 19.
- Liz attended the annual Infant and Early Childhood Conference in Bellevue May 4-6.
- Liz attended a videoconference update on diabetes in Yakima May 18.
- Liz and Bonnie attended a state CSHCN conference at Sea-Tac May 19-20.
- Liz attended local DSHS Provider meetings on April 5, May 3, and June 7.
- Liz attended a meeting of the state-wide Infant Toddler Early Intervention
- Program Data Management Systems work group on June 30 in Burien.

### Goal 2: Inform and educate people about health status

### **CSHCN Activity Report**

QTR	Established	Lost contact or	New Clients	Total
	Clients	closed files		
1 <sup>ST</sup>	91	9	10	92
$2^{\text{nd}}$	92	3	1	90
3 <sup>rd</sup>				
4 <sup>th</sup>				
2005 Totals	92	12	11	90
2004 Totals	86	25	30	91
2003 Totals	75	18	29	86

### **Family Contacts**

QTR	Home Visits	Office Visits	No Shows
1 <sup>st</sup>	34	1	3
$2^{\text{nd}}$	31	5	4
3 <sup>rd</sup>			
4th			
2005 Totals	65	6	7
2004 Totals	127	12	10
2003 Totals	62	15	10

### ♦ Early Intervention Program Highlights: Liz Whitaker, RN

• Liz attended a local staff meeting at the CPS office to re-introduce herself and discuss the EIP on April 13. Then we received one referral for EIP in April, who accepted services. However, the contract was terminated by DCFS/CPS in May and June for lack of funds so we were unable to continue visits.

### **Early Intervention Program Activity**

QTR	Referrals	Home Visits
1st	0	0
2nd	1	2
3rd		
4th		
2005 Totals	0	0
2004 Totals	11	24
2003 Totals	4	10

### ♦ Workfirst Contract: Liz Whitaker, RN

The Workfirst contract was suspended by DSHS for lack of funds in February. That suspension continued through the  $2^{nd}$  quarter, so no official referrals were received and no Workfirst assessments were completed. However, I did receive two unofficial referrals from Workfirst social workers during the  $2^{nd}$  quarter. One is now enrolled as a CSHCN client, and the other referral I attempted to enroll, but the mother did not show at two office appointments and never returned my call to make another appointment.

QTR	Referrals	Completed Assessments
1st	2	2
2nd	0	0
3rd		
4th		
2005 Totals	2	2
2004 Totals	9	7
2003 Totals	1	1

### ♦ Child Death Review: Liz Whitaker, RN

• One child death occurred in the 2<sup>nd</sup> quarter, but it is still under investigation and review will be postponed until investigation is complete. Another child death that occurred at the end of the first quarter will be reviewed at the same time.

### ♦ Medical Nutrition Therapy: Debra Sandvig, RD

Mission Statement: Optimal nutritional health that promotes growth and development through education, guidance and support for children up to age 20 years with nutritionally-related health problems, especially those with special health care needs.

Number of	1 <sup>st</sup> Qtr	2 <sup>nd</sup> Qtr	3 <sup>rd</sup> Qtr	4 <sup>th</sup> Qtr	Total
Referrals					2005
New	3	5			
Referrals					
Returning	1	2			
<b>Patients</b>					

♦ WIC Program: Katha Jackson, Coordinator; Debra Sandvig, RD, Nutritionist, Lactation Consultant; Corina Fiske, Certifier

Mission Statement: Improve the lifelong health and nutrition of women, infants and young children in Washington State.

### Total Number Enrolled in WIC (Cle Elum/Ellensburg) Based on Quarterly Average

	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	Total	Total	Total
	QTR	QTR	QTR	QTR	2005	2004	2003
Pregnant	114	107			221	417	502
Breastfeeding	63	71			134	246	227
Post-Partum	33	30			63	151	104
Infants	185	177			362	797	826
Children (>1 yr. Age)	434	438			872	1715	1681

### WIC Caseload (Cle Elum/Ellensburg combined)

*640 slots	Total # of clients	# of Checks Issued	**% Clients	***% of non-
available for	enrolled based on	based on a quarterly	participating based on	participating clients
the quarter	quarterly average	average	quarterly average	based on quarterly
				average
1 <sup>st</sup> QTR	828	757	102.29	8.65
2 <sup>nd</sup> QTR	823	755	101.97	8.33
3 <sup>rd</sup> QTR				
4 <sup>th</sup> QTR				
2005 Avg.	825.5	756	102.13	8.49
2004 Avg.	866	739	102.71	12.17
2003 Avg.	826	736	116.45	13.88

<sup>\*</sup>Clients who receive checks include pregnant moms, non-breastfeeding post-partum moms for 6 months, breastfeeding moms, formula-fed infants, infants on cereal, and children on solid foods.

<sup>\*\*</sup>State guidelines require 100% per quarter.

<sup>\*\*\*</sup>State guidelines recommend below 10%.

### \*WIC Clinic Activity

Clinic Actions	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	Totals	Totals	Totals
	Qtr.	Qtr.	Qtr.	Qtr.	2005	2004	2003
Second Contact	282	282			564	1140	1140
Complete Certification	55	47			102	217	270
Class participants	6	7			13	33	48
Check Pickup	967	894			1861	3783	4345
Enroll Infant	38	37			75	154	166
Follow Up	19	11			30	63	66
Health Assessment	40	34			74	166	159
Letter Sent	134	142			276	479	743
New Certification	40	26			66	164	164
Presume Eligible	17	15			32	90	123
Recertification	288	251			539	1003	1020
High Risk (RD)	67	51			118	211	274
Reinstate	14	11			25	48	73
Transfer In	23	32			55	112	101
Terminate	16	9			25	94	95
Transfer Out	7	7			14	20	18
Totals	2013	1856			3869	7777	8805

<sup>\*</sup>Total of client contacts per quarter.

#### **Description of terms in the above table:**

**Second Contact** – This is a 15 to 30 minute appointment that involves education regarding the risk factors of the client. It often involves a HCT, and also includes a weight for PG women.

**Complete Certification** – This is a 60-minute appointment that involves verifying all of the qualifying factors for WIC. It also provides education of the risk factors (medical and non-medical) that make the person qualify for WIC.

**Classes** – The classes that we currently offer are: Breastfeeding: an Overview, Benefits of Breastfeeding, How to Breastfeed, Pumping and Storing Breast milk, and a variety of Healthy Habits classes for kids.

**Check pick up** – This is a 15 minute appointment where the client comes in to get checks, and notifies us of any changes or new concerns that they may have.

**Enroll infant** – This is a brief appointment or phone call where we add a new baby to a family already on WIC. This allows us to get the baby started on the program, as well as to issue checks for formula if they are needed

**Follow up** – This is a 15-minute appointment where a single risk factor is discussed. It may also be just a weight check for the pregnant woman.

**Health Assessment** – This is a 30-minute appointment when a 5 to 7 month old infant is weighed, measured and the diet is checked. We also address any other risk factors that the infant may have.

**Letter sent** – This is a form letter that is sent out to our client when they miss an appointment.

**New Certification** – This is a 60-minute appointment for the client that has no prior history in our clinic. Basically, it is a Complete Certification with the addition of verifying basic demographics and family information.

**Presume Eligible** – This is for the pregnant client that is beginning our program. For this appointment, she needs to bring in proof of pregnancy and photo ID. We are then able to issue her one-month checks and make an appointment to have a Complete Certification.

**Recertification** – This is a 30-minute appointment for the client that has been certified before, but whose Certification has expired. Certifications last one year for infants, six months for children up to age five, and until six weeks postpartum for pregnant woman. For breastfeeding women, the Certification last six month, and she may be Recertified until the baby is 1 year old.

**High Risk** (**Registered Dietician**) – This is a 45-minute appointment with our Registered Dietician for high-risk clients who need special consultation.

- **Reinstate** This is the process of reopening a file for someone that has been terminated, but still has a current certification.
- **Transfer In** This is a 15-minute appointment that involves opening a file for a client that has been on WIC with another agency.
- **Terminate** This is the process of closing a file for someone that is no longer eligible for WIC. In the case of children, it would be because they have had their fifth birthday, or no longer need the WIC qualifications. In the case of women, it would be because they are no longer PG and not breastfeeding, or they have breastfed for more than one year. Clients can also be terminated for non-compliance, or for not coming to their appointments.
- **Transfer Out** This is done for the client that is moving to another WIC office. This process gives them a card that they take with them to the new office, so that they do not have to begin at the very beginning again.
- ♦ Oral Health Access Program: Christie Waddington, Coordinator
  Mission Statement: Enhance access to dental services for children, low income
  residents, and other underserved groups and raise awareness of oral health care in the
  community.

June 1, 2005:

Sheriff Rooty Tooth and the Cavity Wranglers received an award from the Comprehensive Health Education Foundation's "Act on It" program and may be featured in an upcoming issue of their magazine. The award was in recognition of how youth in our state make Washington a better place. Along with a certificate of appreciation, the group received a \$100 gift certificate to Red Robin. WAY TO GO, Sheriff Rooty Tooth and the Cavity Wranglers!!!

### Goal 1: Build Infrastructure in Kittitas County around Access to Oral Health ACL3.2.1, ACL 3.5.2 PPL5.1.1, PPL3.6.2, PPL4.7.4

### **Coalition Building:**

- \* April 19, 2005 attended Qtly Kittitas County Oral health Coalition meeting, recruited Dr. Bruce Wilcox as new member.
- \* May 20, 2005 Attended the annual WS DOH-Oral Health coordinators' Spring Meeting in Ellensburg
- \* May 6, 2005 attended the annual Washington Health Foundation conference, Healthy Communities Symposium, in Seattle
- \* June 3, 2005 attended the WS Oral Health Coalition meeting

### **Goal 2: Support Population Based Oral Health Services.**

- PPL5.1.1, PPL4.5.3, PPL3.5.3
- School Sealants Programs:
  - Yakima Valley Farm Workers Clinic, Dr. Howie Blessing, had the dental van at Mt. Stuart elementary for the WS Smile Survey April 18, and 19 in conjunction with the school sealant program.
  - Value Dental, Dr. David Denke, conducted a WS Smile Survey on pre-school children at HeadStart/ECEAP, in conjunction with the routine school sealant check up.
  - Donated 24 sets of toothbrushes, paste, floss and Fluoride Varnish kits to Ellensburg Free Clinic at Primary Care. Dr. Larson and Dr. Macki are trained to apply Fl2 varnish on infants.

- May 9 & 10, 2005, WDSF Smile Mobile visited Cle Elum/Roslyn school for a full service program. They cancelled the second day and communicated with us that they do not want to return to the area next year because of the low number of participants.
- May 13, 2005 Thorp School Sealant program was conducted by Carla Pfeffer, RDH, two volunteer dental assistants from Dr. Wright's office, and KCPHD Oral Health. This was a pilot project and a three way collaborative effort between a volunteer team, Thorp Elem. School, and KCPHD. The program was an attempt to fill the gap created by lack of dental service providers.
- June 16, 2005 completed data entry for WS/DOH Smile Survey.

### **Oral Health Education Component:**

- Saturday, April 30, 2005 I had a booth at the annual El Dia de Los Ninos, education fair at CWU. Activities included a new Tooth Toss game and hands on brushing of the Tooth Model.
- June 25, 2005 hosted a booth at High School Health Awareness Fair, Public Health Services

### Goal 3: Increase Access to Oral Health Care in Kittitas County

PPL5.1.1, PPL4.5.3, PPL3.5.3

### **Coordination of Mobile Dental units:**

- YVFWC had the dental van at Bi-Mart April 11 for one day urgent care
- April 16, 2005 Facilitated a Fluoride Varnish clinic in conjunction with the annual free immunization clinic held at the Health Department. Utilized 3 volunteers from the community.
- May 13, 2005 Facilitated a school sealant program at Thorp Elementary School with a local dental hygienist
- June 27, 2005 coordinated a mobile dental van visit in Ellensburg, YVFWC

### **School-Based Sealant Programs**

\*Data incomplete due to reporting inconsistencies among providers

Location	1 <sup>st</sup> Qt.	2 <sup>nd</sup> Qt.	3 <sup>rd</sup> Qt.	4 <sup>th</sup> Qt.	2005	2004	2003	2002
Kittitas Elem.	90	0			90	55	0	N/A
Valley View Elem.	N/A	*				22	74	N/A
Lincoln Elem.	N/A	0				0	73	N/A
Mt. Stuart Elem.	N/A	110			110	135	94	N/A
% w/ restorative needs		20%						
Thorp Elem.	N/A	10			10	18	17	N/A
% w/ restorative needs		30%						
Damman School	0	0				0	0	N/A
Cle Elum/Roslyn	N/A	9			9	82	74	117
% w/ restorative needs		0						
Easton Elem.	N/A	0				0	20	N/A
HeadStart School	N/A	50			50	97	124	N/A
% with restorative needs		45%				N/a	49%	39%
Column Total:	N/A				269	409	476	117

### **School-Based Restorative Programs**

Location	1 <sup>st</sup> Qt.	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	2005	2004	2003
		Qt.	Qt.	Qt.			
Kittitas Elem.	0	0			0	5	110
Valley View Elem.	N/A	0			0	0	0
Lincoln Elem.	N/A	0				0	0
Mt. Stuart Elem.	N/A	0				0	0
Thorp Elem.	N/A	0				0	0
Damman School	N/A	0				0	0
Cle Elum/Roslyn Elem.	N/A	3			3	19	62
Easton Elem.	N/A	0				0	0
HeadStart School	N/A	0				0	0
Column Total:		3			3	24	172

### **Dental Restorative – mobile units and Volunteer Clinics**

1	1 <sup>st</sup> QTR	2 <sup>nd</sup> QTR	3 <sup>rd</sup> QTR	4 <sup>th</sup> QTR	Total 2005	Total 2004	Total 2003	Total 2002	Total 2001
Dental Patients (Ellensburg, Kittitas)	YVFW 6	YVFW 14			20	284	*218 Inc.	*281	*256
Dental Patients (Cle Elum, Roslyn, Easton)	0	0			0	5	57	*60	*22

<sup>\*</sup> Data incomplete due to provider non-reporting

### Oral Health <u>Education</u> Program Number of Participants

Location	1 <sup>st</sup> Qt.	2 <sup>nd</sup> Qt.	3 <sup>rd</sup> Qt.	4 <sup>th</sup> Qt.	2005	2004	2003	2002
Kittitas Elem.	36	0			36	76	109	N/A
Valley View Elem.	309	0			309	115	109	N/A
Lincoln Elem.	200	0			200	84	134	N/A
Mt. Stuart Elem.	184	110			294	44	141	N/A
Thorp Elem.	26	7			33	33	30	N/A
Damman school	20	0			20	0	16	N/A
Cle Elum/Roslyn Elem	60	9			69	43	249	N/A
Easton Elem.	32	0			32	74	30	N/A
Walter Strom Middle	0	0			0	0	2	N/A
Morgan Middle School10+	700	0			700	718	719	N/A
Kittitas Middle	0	0			0	1	1	N/A
HeadStart	0	50			50	100	51	N/A
Day Care Centers	30	0			30	23	130	N/A
Adult Service Agencies	80	0			80	10	45	N/A
Community Events Fluoride Clinics, Free Clinic	0	Ap 16, 26 May 7, 24 Jn, 25, 25			75	130	46	N/A
Other (churches, missions)	0	Mission50			50	0	100	N/A
Column Total:	1,677	301			1,978	1,451	1,912	N/A

### VIII. Environmental Health Division: John Wolpers, RS, REHS, and Director

### **♦** Director's Comments:

- In striving to provide excellent service to the public, to increase our capabilities in providing those services, and measure those efforts we are implementing in Environmental Health programs, we have developed a GORI document. The acronym GORI Goals Objectives Review Instrument has recently been initiated in three EH programs, water, sewage, and food. We have crafted the GORI to assist us in our efforts to attain the Standards for Public Health in Washington State which are clear and accountable measure of performance that all citizens can count on. Our efforts focus on both current avenues available to educate the public as well as those that could be developed. In those three programs we have begun to provide the information indicating progress towards those goals and objectives.
- We completed our EH Standards work documentation electronically for the DOH
  evaluators who came in and reviewed our work this quarter. We were asked to
  provide copies of our exemplary practices they found.
- EH staff attended cultural competency training at Hal Holmes.
- We initiated our radio spot presentations on KQBE with pertinent EH information in efforts to educate the public on what we do and the services we provide.

- We continue to develop Standard Operating Procedures for all programs. This will help us to provide better consistency and not rely on institutional knowledge.
- We surplused two EH vehicles. One through the county surplus sale, and the other to the conservation district.

### **♦** On-Site Sewage – Philip Martinez

Mission Statement: To enhance and expand communication and education resources relative to all on site sewage program activities of KCHD

### Goal 1: To review, create, update, OSS program brochures

Reviewed and made changes as seen necessary to homeowners design guide and OSS
operation and maintenance guides for homeowners. All changes were reviewed with
JoAnne and finalized by John. All brochures are available to the public at the front
desk.

### Goal 2: Review and update the KCHD webpage regarding OSS information

- I have reviewed Mason County webpage to determine what type of additional information KCHD might incorporate on our webpage for future use.
- I have also discussed with JoAnne the addition of all SOP's, application forms, and brochures, to the webpage.
- I have reviewed with the Director the documents we would like added to the webpage in the near future.

### Goal 3: To utilize newspaper and radio communication

- I have reviewed an existing article concerning frequency for homeowners pumping their OSS. I am looking at the possibility of developing other relevant articles to educate the public. Currently there are no existing PSA's to review but could develop ones if determined to be educational and appropriate.
- I am scheduled to present OSS information to KQBE radio talk show in both November and December and will begin to draft my talking points.

### Goal 4: To create and update lists of those we work with

• I have reviewed all e-mail, phone, and fax lists for designers and installers and all are currently up to date. Any additional information has been passed onto JoAnne to create current lists. Every March during installer license renewal period, lists are updated and kept current.

### Goal 5: To develop appropriate skills needed to enhance staffs ability to deliver strong educational information

- I presented information for Windermere Realtors in April concerning Site Evaluations
  on how they are performed and why they are performed. Familiarized realtors with
  terms used in the On-Site Sewage program. I presented technical information on
  different types of On-Site Sewage Systems, why they are installed in certain locations
  pertaining to vertical and horizontal separations and different treatment level
  requirements.
- I attended the Annual Education Conference in Spokane May 4-6, which included one day training specifically on soil classification that was very beneficial for my work in the field.
- I attended a workshop on June 23<sup>rd</sup> in Tacoma, presented by the Department of Ecology pertaining to the State Revolving Fund Loan Program. This program loans money to the local health jurisdiction that in turn develop a program to loan money to individuals with failing OSS. We have not had individuals who have requested or expressed an issue with costs associated with repairing their failing systems and it does not appear to be feasible with the staff we currently have to implement this type

- of loan service.
- We have been working with Public Works and Owner of Sportland Mini mart on Hwy 903 regarding an old sewage system that was determined to be located within the right of way. With the new roundabout going in at this site, this system must be abandoned and a new one installed or a connection to city services obtained.
- John and I worked with Jane Wright-Assessment Coordinator in developing a "logic model" for this program.
- We are working with an individual who lost their home due to arson in Sunlight
  Waters Subdivision. No oss permit was found for the structure. Many conversations
  with the owner and contractor on this as well as performing a site evaluation to
  determine type and sizing of system has been done.
- Provided letter to OSS Installer to correct actions and notify this department for inspection of systems installed.
- Scheduled presentation for BOH by Natural Selection Farms regarding proposed Biosolids application north of town. Information shared. Questions answered.
- We worked with an individual who had a small lot located at the entrance to Grasslands. Many setback issues arose for both well and location for a sewage system. We worked in conjunction with Public Works and CDS as other issues surrounding this lot developed.
- We met with a State Licensed Designer in the Yakima Canyon (Reds Fly Shop) to
  evaluate soils and determine what was feasible in his overall proposed development
  plan. It would be impossible due to site constraints and soil structure to accommodate
  all structures he is proposing. The project was scaled back to what could reasonably
  be accomplished in the sizing of the drainfields.
- I attended ICS-Incident Command System training presented by Colleen Riley on April 8<sup>th</sup>.
- I attended a Bioterrorism Tabletop exercise on May 26<sup>th</sup> dealing with Pandemic Flu.
- I also attended the Orientation to the Washington State Department of Health for Local Health Jurisdiction Staff on May 16<sup>th</sup> in Tumwater, WA.

### ♦ Water – Holly Duncan

Mission Statement: To enhance and expand communication and educational resources relative to all water program activities of KCPHD.

#### Goal 1: To review, create, update water program brochures

- Reviewed the Group B handout and made notations for suggested changes to wording and formatting. The document was prepared for the web page.
- Completed all Group B water system inspections that as required by June 30, 2005, for the DOH/Office of Drinking Water consolidated contract.
- I presented information on KQBE referencing Group B water system requirements.
- A TMDL presentation by DOE –Jane Creek regarding the Wilson Creek Sub Basin was attended. We provided comments to the group and support the information with caveats on what will be expected of local Public Health in efforts to reduce potential contamination.
- Completed the JPO-joint plan of operation with DOH. Recommendations were
  presented to the BOH for their direction. The decision was made to continue to
  provide service for Group B Public water systems as we currently are doing.

- We are working with the Mentor Law Group who has made a public disclosure request for documentation on Group B systems located in a specific area of upper county. JoAnne is working on copying the information for them.
- We are working with Mike Jackson-Developer on Grasslands Park water system. He
  provided bonding of the system. Public Works will take lead on the bonding. When
  work is completed, we will provide for the release of funds.

### ♦ Schools - Holly Duncan

- All school inspections for the 2004-05 year were completed this quarter. In addition, the required second school kitchen inspections per the federal nutrition program were completed.
- I provided consultation assistance to the Ellensburg Christian School principal in searching for a new site for the Kindergarten through 3<sup>rd</sup> grades next year.
- The Director as a member of the SRDC -School Rule Development Committee reviewing chapter 246-366 WAC school regulations is nearing the end of the project. All safety, indoor air quality, and water subcommittee groups have finished their review and have forwarded their concerns and recommended changes on to the SRDC. This information will be utilized by DOH staff to rewrite the regulation. This rewrite will then go to the State Board of Health for rule adoption after public comment.

### ♦ Camps and Parks - Holly Duncan

• Beginning facility inspections this quarter

### **♦** Food -- Lody Caldwell

Goal 1. Review and update program brochures:

• I worked with JoAnne to ensure all brochures were up to date including logo, address, and personnel numbers. We have made the new food regulations available to the public and will provide an index/guide to help people find the items they are looking for more easily.

Goal 2. Review and update web page information:

- I have reviewed web pages of other counties and compared them to our current site to see if there are more efficient ways to get the information out or a better format in providing information to the public.
- I am working with JoAnne on a regular basis to keep our web page up to date with pertinent/timely information.

Goal 3. Utilize and review newspaper and radio materials:

• I am scheduled on KQBE radio in October to present information on food issues, and I provide articles on food safety to both the local newspaper as well as newsletters that are read by the public and medical personnel.

Goal 4. Create and update lists of people we work with:

• Each year we send out food permit renewal paperwork and at that time we update the list of owners/operators of these Food Establishments. We also add new contacts and new establishments that have opened up and/or changed hands.

Goal 5. Develop appropriate skills needed to enhance ability to deliver strong educational material:

- I attended two excellent training conferences in May of this year. We are committed to providing the latest up to date information to food service workers.
- We have been educating all establishments to bring everyone up to speed on the new

- food code by passing out relevant information, supplying new forms and instructions, and helping with any questions and concerns that come up.
- I will also be attending Power Point training when available in efforts to increase my abilities to deliver information via this format.
- The new food regulations that were enacted by Washington State in May 2005 were presented to the BOH for review and adoption. A risk based inspection matrix was developed and presented to the BOH. This matrix provided the BOH a way to delineate what type of establishments would be allowed to operate with only one inspection per year since the new regulations require a minimum of two.
- A letter was sent to all food establishments encouraging them to attend a workshop presented by DOH and our staff locally to help educate them on the new regulation changes. 52 individuals attended.
- Title 8 of the County Code sections 8 and 4 pertaining to food will be presented to the BOCC for their review and adoption.
- We have developed and will implement a food plan review packet for both new and remodeled establishments as well as other application forms to help improve our customer service.

### **♦** Pools – Lody Caldwell

• June is the start of the busy summer season for water recreation. I am providing pool owners information on the new regulations regarding barriers, chemical levels, and other changes in the updated Pool Regulations. We have received inquiries and plans for proposed new pools and water facilities that will be developed/built. In the Cle Elum/Roslyn area, there is a planned water facility with fountains and other water recreation features that will be open to the public.

### **♦ Vector-Lody Caldwell**

- Mosquito season is ramping up this quarter. To date no human case has been
  confirmed in Washington State. Surveillance is still on Corvid birds and equine. We
  are not scheduling any mosquito trapping unless it becomes necessary. We have
  received few calls on stagnant water body complaints. Nothing to report on Rabies
  testing or hantavirus this quarter.
- DOH provided a West Nile Virus communication workshop to update us on where the disease is currently and the strategic approach

### **♦ Nuisance/Other – Lody Caldwell**

- We continue to receive calls regarding mice, rats, skunks, and other assorted vectors. We provide pertinent information in efforts to control or abate these situations.
- We were notified of a blue-green algal bloom in a private pond in the Liberty area. The owners dog had died from ingestion. Investigation determined that it was not accessible to the public and that the owner was pumping water from his mine to flush out the stagnant water.
- Provided letter to Landlord of rented building occupied by county prosecutors. Landlord not providing amenities as required. Worked with Greg Zempel on this.

### ♦ Solid Waste – John Wolpers

- Performed all required solid waste inspections of permitted facilities.
- Reviewed and issued annual facility permits as required.

- Met with Kip Eagles DOE and Thorp Fire District personnel out on Horlick Road to investigate a potential wood waste operation by Louie Gibson. Discussions with Fire Marshal Derald Gaidos and CEO Lisa Iammarino also.
- Worked with Patti Solid Waste Programs, Darryl Piercy CDS Director in efforts to utilize CPG money to hire a temporary person needed for the junk car collection event.
- Attended a DOE Coordinated Prevention Grant workshop in Ephrata. This was
  helpful in providing information for this upcoming biennium. There are changes in
  the application process and the monies available to the counties. In review, this will
  not affect Kittitas County and the dollars we receive.
- Continued work with DOE personnel on the review of the Limited Purpose landfill application for Ryegrass.

### **ENVIRONMENTAL HEALTH DATA FOR 2005:**

Onsite Sewage		1st Qtr	2nd Qtr	3rd Qtr	4th Qtr	2005	2004	2003
Permits	New		136			209	341	302
	Repair	7	13			20	32	51
	Renewal	5	10			15	12	12
	Total	85	159			244	385	365
	Site Evaluations	70	142			212	380	312
Short Plats	Approved	4	13			17	10	26
	Submitted	23	26			49	59	44
Long Plats	Approved	0	5			5	0	5
	Submitted	1	10			11	3	9
	Realtors Requests	35	60			95	209	210
	Complaints	5	7			12	17	26
Planning Review	SEPA	7	9			16	96	50
	CUP's	1	5			6	26	20
	Variance	5	9			14	33	25
Water								
Water & Sewage Ev	aluations							
	Sewage	0	1			1	2	5
	Water	0	0			0	4	10
	Both	1	1			2	6	6
	Total	1	2			3	12	21
	Sanitary Surveys Performed	0	0			0	5	6
	Group B Water System Inspected	9	18			27	36	23
Other	Well Site Inspections	3	9			12	9	22
	Well Delegation	21	25			46	68	85
	Private Bacteriological Sampling	0	0			0	0	2
	Private Nitrate Sampling	0	0			0	0	0
	Group B Paperwork Received	5	2			7	10	12
	Group B Systems Approved	6	3			9	7	7
	Farm Exemptions Received	0	1			1	0	0
	Farm Exemptions Approved	0	1			1	0	0
	Well Variances Granted	0	0			0	5	3
	Well Variances Denied	0	0			0	1	1
	Complaints	0	0			0	2	4
	Group A/B Sources GPS'd	0	0			0	0	8
	Group A Nitrate Samples Drawn	0	0			0	0	0

		1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4th	2005	2004	2003
Food								
	Restaurants/Taverns Permitted	8	179			187	252	252
	Routine Inspections Performed	50	73			123	230	242
	Re-inspection Inspections	0	0			0	6	10
	Pre-Opening Inspections	6	3			9	13	19
	CWU Quarterly Food Inspections	1	5			6	16	16
	Jail Food Inspections	1	1			2	4	4
	Temporary Food Service Permits	3	7			10	70	88
	Temporary Food Inspections	1	3			4	158	175
	Red Item Violation Over 15	0	1			1	7	14
	points					02	4.700	
	Food Handler Permits	399	463			862	1509	1426
	Complaints	4	3			7	13	26
	Plans Reviewed	0	5			5	14	
Vector							_	
	Rabies/Animals Tested	0	1			1	3	9
	Other	0	4			4	4	8
	Bites/Complaints	17	22			39	88	87
Solid Waste								
	Inspections Performed	6	6			12	24	27
	Complaints	3	7			10	22	57
Schools								
	Plans Reviewed	0	0			0	1	1
	Inspections	9	11			20	29	20
	School Kitchen Inspections	10	10			20		
	Playground Inspections	6	8			14	12	12
	Tools For Schools Inspections	0	0			0	0	9
	Complaints	0	0			0	4	
Water Recreation								
	Pools /Spas Permits	2	18			20	18	21
	Inspections	10	0			10	35	31
	Complaints	0	1			1	1	1
Camps & Parks								
	Permits	0	15			15	17	19
	Inspections	0	1			1	18	18
Other Complaints								
	Landlord/Tenant	0	0			0	3	7
	Other	7	5			12	25	25